

Hina .

 **Work :** University of Swat, Chargbagh Swat, 19200, Swat, Pakistan

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Nationality: Pakistani

ABOUT ME

As a highly motivated and dedicated academic professional with a strong background in teaching and leadership, I have excelled in various roles at the University of Swat, Pakistan. My experience as a Lecturer in Home Economics and Head of Department has honed my skills in curriculum development, faculty management, and strategic planning. I have effectively managed departmental budgets, collaborated with faculty to design and update academic programs, and mentored students and faculty. My commitment to continuous learning is evident in my participation in professional development programs, and I am eager to apply my skills to further contribute to the academic community.

WORK EXPERIENCE

University of Swat

City: Swat | **Country:** Pakistan

[04/01/2021 – Current] **Lecturer (Regular)**

- Design and deliver courses/modules
- Plan curriculum and develop course materials
- Administer assessments and provide feedback
- Offer academic support and guidance
- Engage in scholarly research and writing
- Participate in professional development activities
- Fulfill administrative duties

University of Swat

City: Swat | **Country:** Pakistan

[30/07/2021 – 06/06/2023] **Head of Department (Additional charge)**

- Managed departmental budget, resources, and facilities efficiently
- Collaborated with faculty to design and update academic programs
- Monitored student learning outcomes and program quality
- Guided course selection and career planning for students
- Engaged in scholarly activities to advance knowledge
- Built partnerships with academic and industry stakeholders
- Represented departmental interests and fostered a supportive environment
- Organized co-curricular activities, seminars, and art and textile exhibitions

University of Swat

City: Swat | **Country:** Pakistan

[05/07/2013 – 31/12/2019] **Lecturer (Contract)**

University of Swat

City: Swat | **Country:** Pakistan

[08/05/2015 – 15/11/2018] **Resident Warden, University's Girls Hostel (Additional charge)**

Supervised hostel operations, ensured compliance with rules, managed accommodations, addressed concerns, organized events, collaborated with staff, maintained records, implemented policies, and supported residents' development.

University of Swat

City: Swat | **Country:** Pakistan

[19/10/2018 – 31/12/2019] **Deputy Director Sports (Additional charge)**

Managed women's campus sports activities, coordinated events, facilities, and training, collaborated with departments, ensured safety compliance, represented campus in sports meetings, supported policy development, and maintained records.

EDUCATION AND TRAINING

[09/2022 – Current] **PhD in Home Economics**

College of Home Economics, University of Peshawar

City: PESHAWAR | **Country:** Pakistan |

[2016 – 2019] **Master of Philosophy in Education (MPhil)**

Institute of Education and Research, University of Peshawar

City: Peshawar | **Country:** Pakistan |

[2011 – 2012] **Master of Education (M.Ed)**

Institute of Education and Research, University of Peshawar

City: Peshawar | **Country:** Pakistan |

[2009 – 2010] **Bachelor of Education (B.Ed)**

Institute of Education and Research, University of Peshawar

City: Peshawar | **Country:** Pakistan |

[2006 – 2008] **Master of Science in Home Economics (M.Sc) Field of Specialization: Management Studies**

College of Home Economics, University of Peshawar

City: Peshawar | **Country:** Pakistan |

[2002 – 2006] **Bachelor of Science in Home Economics (B.Sc-4year) (Management Studies)**

College of Home Economics, University of Peshawar

City: Peshawar | **Country:** Pakistan |

TRAININGS

[13/06/2022 – 17/01/2023] **Women's Leadership in Higher Education**

I participated in a six-month training program organized by the Higher Education System Strengthening Activity (HESSA), USAID, in collaboration with the University of Utah and the University of Alabama, USA. The training included sessions;

Opening session (June 13–15, 2022), Islamabad, Pakistan.

Exchange visit (July 16–29, 2022) to the University of Alabama, USA.

Closing workshop (January 16–17, 2023), Islamabad, Pakistan.

[15/08/2022 – 19/08/2022] **Converging Pedagogy, Sustainability, and Digital Technologies to Foster Academic Leadership**

I participated in a training organized by the University of Science and Technology, Bannu, in collaboration with the United States Educational Foundation in Pakistan, under the US-Pakistan University Partnership Grant Program 2020-2023.

[12/2021 – 11/2022] **Expanding American Studies in Pakistan**

I attended training under the US-Pakistan University Partnership Grant Program 2020–2023. Organized by Quaid-i-Azam University, Islamabad, in collaboration with Ball State University, USA.

CONFERENCES AND SEMINARS

[29/11/2023 – 30/11/2023] **Building the Workforce of the Future** Islamabad, Pakistan

Attended a workshop organized by the Pakistan-US Alumni Network (PUAN) in Islamabad, Pakistan.

[19/07/2021 – 21/07/2021] **Education for Tomorrow: Issues, Challenges, and Prospects** University of Peshawar BaraGali Campus, Pakistan

Attended the National Conference organized by the Institute of Education and Research, University of Peshawar.

[09/03/2017 – 09/03/2017] **Self-Assessment Report Writing** University of Swat, Pakistan

Attended a seminar organized by the Quality Enhancement Cell of the University of Swat.

[21/02/2015 – 22/02/2015] **Women Leadership in Higher Education** COMSATS University Abbottabad, Pakistan

Attended a workshop organized by the COMSATS Institute of Information and Technology, Abbottabad, in collaboration with Duzce University, Turkey.

[13/10/2014 – 18/10/2014] **Teaching Effectiveness** University of Swat, Pakistan

Attended a cascading workshop organized by the University of Swat.

[31/05/2012 – 31/05/2012] **The Impact of Higher Education on the Social Adjustment of Women in an Islamic Perspective in Pakistan** University of Peshawar, Pakistan

Attended a workshop on organized by Kohat University of Information and Technology, in collaboration with the Higher Education Commission of Pakistan.

[13/10/2011 – 15/10/2011] **Volunteering in Emergency Training** Peshawar, Pakistan

Attended a workshop organized by the Pakistan Red Crescent Society's KPK branch.

[02/05/2011 – 07/05/2011] **Research Methodology and Skills** University of Peshawar, Pakistan

Attended a workshop organized by the Higher Education Commission of Pakistan.

SOCIAL AND POLITICAL ACTIVITIES

[2005 – 2006] **Social Work Program** University of Pehsawar, Pakistan

Participated in the University of Peshawar social work program for the session 2005–2006.

MAJOR UNIVERSITY COMMITTEES University of Swat,Pakistan

- **Convener**, Semester Committee, for Women Campus, University of Swat.
- **Convener**, Admission Committee, Department of Home Economics, Women Campus, University of Swat.
- **Focal Person**, Campus Management System (CMS) for the Women Campus, University of Swat.
- **Focal person** of the Program Team for SAR (Self Assessment Report), Department of Home Economics, University of Swat.
- **Chief Organizer** of Co-Curricular Activities, Women Campus University of Swat.
- **Member**, BS Home Economics Board of Studies Committee, University of Swat.
- **Member**, Department Purchase Committee for Women Campus, University of Swat.
- **Member**, Departmental Admission Committee for BS program, University of Swat.
- **Member**, Inspection Committee for Women Campus, University of Swat.

MANAGEMENT AND LEADERSHIP SKILLS

Strategic Leadership and Management

I completed a six-month Strategic Leadership and Management Specialization course online from the Gies College of Business, University of Illinois at Urbana-Champaign.

SKILLS

Microsoft Word | Microsoft Excel | Microsoft Powerpoint | Google Docs | LinkedIn | Organizational and planning skills | Data VisualizationTableau(Data Analysis)Data Management | Google Data Analytics Certificate

LANGUAGE SKILLS

Mother tongue(s): Pushto **Other language(s):** English, Urdu

PUBLICATIONS

[2024] [The correlational study of emotional intelligence and academic performance of home economics students](#)

Reference: Hina, Lala Rukh, & Amjad Reba. (2024). THE CORRELATIONAL STUDY OF EMOTIONAL INTELLIGENCE AND ACADEMIC PERFORMANCE OF HOME-ECONOMICS STUDENTS. JOURNAL OF SOCIAL SCIENCES DEVELOPMENT, 3(1), 64-75.

[2024] [Influence of Emotional Intelligence on Conflict Management Behaviour of Home Economics Students in Khyber Pakhtunkhwa, Pakistan](#)

Reference: Hina, Reba & Takrim (2024). Influence of Emotional Intelligence on Conflict Management Behavior of Home Economics Students in Khyber Pakhtunkhwa, Pakistan.International Journal of Social Science Archives7(1),296-307

[2025] [Critical Review of the Risk-Need-Responsivity \(RNR\) Model: Applications and Implications in Offender Rehabilitation](#)

Reference: Rabia Siraj, Hina, Shaista Ali, & Ghazala Yasmeen. (2025). Critical Review of the Risk-Need-Responsivity (RNR) Model: Applications and Implications in Offender Rehabilitation. International Journal of Politics & Social Sciences Review, 4(I), 254-263.

[2025] [Strategic Human Resource Management and Employee Outcomes: A Comprehensive Literature Review on the Impact of SHRM Practices on Job Satisfaction and Organizational Commitment](#)

Reference: Hina, Rabia Siraj, & Ghazala Yasmeen (2005).Strategic Human Resource Management and Employee Outcomes: The Impact of SHRM Practices on Job Satisfaction

and Organizational Commitment. The Critical Review of Social Sciences Studies, 3(1), 3154-3164.

[2024] [Time Series Forecasting of Daily Gold Prices in Pakistan](#)

Reference: Zaman, Q., Haq, M. U., Hina, Khan, I. K., & Iqbal, S. (2024). Time Series Forecasting of Daily Gold Prices in Pakistan. Regional Lens, 3(1), 121-137. <https://doi.org/10.62997/rl.2024.31045>

[2025] [Nexus between Emotional Intelligence and Teacher Effectiveness: A Quantitative Study in Higher Education Institutions in Pakistan](#)

Reference: Hina, H., Khan, S. I., & Bano. H. (2025). Nexus between Emotional Intelligence and Teacher Effectiveness: A Quantitative Study in Higher Education Institutions in Pakistan. The Critical Review of Social Sciences Studies, 3(2), 2592-2602.