

Curriculum Vitae

Aafra Zeb

Personal Information

Father's Name: Muhammad Zeb
Sex: Female
Date of Birth: 20/02/1997
Domicile: Swat
Religion: Islam
Nationality: Pakistani

Career Objectives

I believe in smart work and am a devoted person to my duty. My desire is to enhance my skills and potential. I am seeking an environment which is conducive to learning, where I can get and provide a lot, and I wish to apply academics knowledge to the challenging tasks leading to the growth and development of the organization.

Contact Information

Mail : aafrazeb00@gmail.com

Educational Profile

	Qualification	Year	Division	Board/ University
1	MS General Psychology	2020	3.5 cgpa	University of Peshawar
2	Msc Psychology	2018	3.8 cgpa	University of Swat
3	B.Sc Psychology	2016	2 nd	Govt. Girls degree college Saidu Sharif Swat
4	FSC	2014	1 st	B.I.S.E Swat
5	SSC	2012	1 st	B.I.S.E Swat

Final Year Research

Research: Finding out the impact of materialism on the wellbeing of students. It was to know the level of depression, anxiety, stress, happiness and satisfaction level among materialist and non-materialist students.

Main Subjects

- ❖ Cognitive Psychology
- ❖ Counseling.
- ❖ Developmental psychology.
- ❖ Psypathology

Skills and Activities

- ❖ Excellent communication skills, able to put views across confidently and assist better team relationship
- ❖ Strong skills in helping other with problem solving in both work and non-work situation
- ❖ Self-motivated, hardworking, reliable and conscientious.
- ❖ Surfing the Internet,
- ❖ Studying Literature

Experience

- ❖ Worked as an Internee with EPS to assist the disabled children in improving their skills, motivating them, and showing them how to use their skills in achieving better life goals.
- ❖ Visiting lecturer at university of swat in 2020
- ❖ Visiting lecturer at university of Peshawar in 2021

Language

- ❖ English (Read, Write, Speak)
- ❖ Urdu (Read, Write, Speak)
- ❖ Pashto (Read, Write, Speak)

Computer Skills

- ❖ MS Office
- ❖ Internet

Reference

- Akbar Zeb
Executive Director
Environmental Protection Society (EPS)
Mail: akbareps@gmail.com