

FAHEEM UD DIN

Lecturer & Coordinator, Department of Psychological Studies, University of Swat

Website: www.uswat.edu.pk

New Academic Block, Main Campus, Charbagh, Swat

Cell # +92 333-9441326,

Email: faheem.sj90@gmail.com & faheem@uswat.edu.pk

EDUCATION

Degree	Institution	Div/Grade	Year
PhD Scholar	University of Peshawar	(in process)	
M. Phil Psychology	University of Peshawar	1 st	2018
BS Psychology	University of Peshawar	1 st	2013
H.S.S.C (Pre-Medical)	BISE Mardan	1 st /A	2009
S.S.C (Science)	BISE Mardan	1 st /A	2006

PROFESSIONAL EXPERIENCE

Administration:

- ❖ Member of the Academic Council, University of Swat
- ❖ BS Program Coordinator since July 2022 to date;
- ❖ In-Charge (Head) of Department. 15th Feb 2015 to 15th June, 2022;
- ❖ Coordinator M.Sc. Program (May 2014-2017);
- ❖ Staff Proctor: at Wadudia, Sector D, and Main Campus;
- ❖ Member of Admissions Committee, Board of Studies, Departmental Semester Committee, Departmental Purchase Committee, Spot Purchase Committee (Laboratory Apparatus)

Projects:

- ❖ Focal person in Sehat Kahani project for Psychological Wellness Center (July 2021 to date)
- ❖ Representative of Mental Health thematic area in HESSA (Higher Education Support and Strengthening Activity) by USAID and HEC (July 2022 till date)

Teaching:

- ❖ Lecturer in Psychology, University of Swat. May 19th, 2014 till date.

Counseling:

- ❖ Individual and Group counseling sessions with adolescents and young adults
- ❖ Worked as Psychologist; with Peace And Development Organization (PADO), in Kurram, Ex-FATA. Project entitled: Protection of vulnerable children and women from the consequences of armed conflict in the area. 24th June 2013 to 24th Nov 2013.

RESEARCH

Uddin, F., & Irshad, E. (2022). Sufism, Religiosity, Life Satisfaction, Hope and Optimism: A Comparative Study of the Disciples and Non-Disciples. *International Journal of Psychological and Behavioural Research*. Vol, 2(1). DOI: <https://doi.org/10.37605/ijpbr.v2i1.11>

Uddin, F., Muhammad, H., Arzeen, S., & Ullah, S. (2019). Life Satisfaction, Religiosity, Positive Negative Affect and Academic Performance in Undergraduates. *Pakistan Journal of Professional Psychology: Research and Practice* Vol, 10(2).

TRAINING WORKSHOPS AND SEMINARS

- Attended International Conference: Fostering Empowerment Through Psychological Care, Safety, And Protection Among Displaced Afghans organized by International Organization for Migration (IOM) and NIP, QAU; 19th July, 2023.
- 15th International Conference of Psychology on “*Psychological Impact of Regional Geo-Strategic Situation on Pakistani Youth and Children*” organized by Department of Psychology, University of Peshawar at Summer Campus, BaraGali
- Participated in workshop on “NLP & Hypnotherapy”
- 5-days training workshop on Promoting Peace organized by UNDP and Institute of Peace & Conflict Studies, University of Peshawar
- Organized World Mental Health Days’ from 2015 onwards;
- Organized Workshop on “Psychological First Aid”
- Participated in FGD, with the perusal of Media House at the Department of Media & Communication Studies, University of Swat
- Conference of Cognitive Psychotherapists in Peshawar Medical College; Dec, 2014.
- One-week Cascading Workshop on Teaching Effectiveness, at Main Campus, University of Swat.
- Attended seminar on Reducing Militancy through Educational Reforms in Khyber Pakhtunkhwa, by Dr. Jamil Ahmad, Director, Institute of Peace and Conflict Studies, University of Peshawar.
- Attended 5 days workshop on “Youth Capacity Building for Mediation and Dialogue” organized by Paiman Trust and Search for Common Grounds, Peshawar
- Attended seminar on “Violence against Women” organized by Aurat Foundation, Peshawar
- One-day workshop on “Youth Development---Youth are the Champions” organized by Khyber Youth Development Organization held at Archive Library, Peshawar

CO-CURRICULAR & EXTRA-CURRICULAR ACTIVITIES

- First position in Quiz competition held at UET Peshawar
- Officially invited to International Students Week at Ilmenau, Germany 2013
- Certificate of Merit from Students Societies, University of Peshawar
- Certificate from Transparency International for participating in Essay Competition
- Mini-Project on “Product Development and Marketing” in the course of Consumer Psychology
- Participation in different Essay, Quiz and Debate competitions.
- Participation in social welfare projects on a volunteer basis

VOLUNTEER EXPERIENCE

- Three months as Internee (Clinical Psychology) at Khyber Teaching Hospital, Peshawar
- Various activities in collaboration with the National Youth Assembly and FATA Youth Forum.
- Literary Secretary of Khyber Psychological Society 2010.
- Executive member of Social Welfare and Awareness Society, University of Peshawar
- Three months as a teacher and tutor at the High School level.

SHORT COURSES

- English Conversation Course: Dept of English & Applied Linguistics, University of Peshawar
- Certificate course in Public Relations from Allama Iqbal Open University, Islamabad
- Certificate course in Persian Language: Institute of Urdu and Persian, University of Peshawar
- Short course in Arabic Language: Dept of Islamic & Oriental Studies, University of Peshawar.

AREAS OF INTEREST

Conducting Surveys And Research
Individual and Group Counseling
Working for Human Rights

Languages that I can speak, write, and understand

- Pashto (Native Speaker)
- Urdu
- English
- Arabic and Persian (beginner level)

MEMBERSHIPS

YPA (Young Psychologists Association)

REFERENCES

Prof. Dr. Erum Irshad

Professor
Department of Psychology
University of Peshawar
+92 300 5938226
erumirshad@hotmail.com

Dr. Hayat Muhammad Bangash

Assistant Professor
Department of Psychology
University of Peshawar
+92 333 9139020
hayat_bangash@hotmail.com

Prof. Dr. Muhammad Jahanzeb Khan

Professor
Department of Psychology
University of Peshawar
Vice Chancellor, FATA University
Ex- Vice Chancellor, University of Swat
yosafzai@yahoo.com