

## Faheem ud Din

Lecturer/Incharge, Department of Psychological Studies, University of Swat, Pakistan

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### Academic Qualification:

Degree	Institution	Division	Year
M. Phil Psychology	University of Peshawar	1 <sup>st</sup>	2018
BS Psychology	University of Peshawar	1 <sup>st</sup>	2013
GRE Score: 281 / 346			

### Work Experience:

- ❖ Serving as Lecturer, Department of Psychological Studies, University of Swat. May 19, 2014 to date
- ❖ Coordinator M.Sc Program from July 17, 2014 to March 26, 2018
- ❖ In-charge of Department. Feb 2015 to date
- ❖ Staff Proctor, Wadudia and Sector D Campus
- ❖ Convener of Admissions Committee
- ❖ Convener of Board of Studies
- ❖ Convener/secretary of Departmental Semester Committee
- ❖ Convener Departmental Purchase Committee
- ❖ Convener Spot Purchase Committee (Lab equipments)
- ❖ Member, Pakistan Journal of Applied Social Sciences, University of Swat
  
- ❖ Worked as **Psychologist**, with Peace And Development Organization (PADO), in Kurram Agency, FATA. Project entitled: Protection of vulnerable children and women from the consequences of armed conflict in the area. 24 June 2013 to 24 Nov 2013.

### Research Work/Project:

- Research study completed on “*Religiosity, Life Satisfaction, Hope and Optimism: A Comparative Study of the Disciples and Non-Disciples*”
- Poster Presentation on “*Correlational Study of Positive-Negative Affect, Religiosity, Life Satisfaction, Academic Performance and Gender Differences*” in International Conference on Positive Psychology, 29-30<sup>th</sup> Dec, 2018 at National Institute of Psychology, Quaid-i-Azam University, Islamabad
- Paper Presentation on “*Exam stress among students and its effect on academic performance of students*” in 8<sup>th</sup> National Symposium on Depression, Anxiety and Stress, organized by Rawal Institute of Health Sciences, Rawalpindi, August 20, 2016.
- Paper Presentation on “*A Comparative Study of Depression and Meaning in Life in Students*” at International Conference of Psychology and Applied Psychology (Dec, 2012) at University of Punjab, Lahore.

### Trainings/ Workshops/Seminars:

- Organize World Mental Health Day annually at University of Swat;
- Participated in workshop on “AMOS SEM” at Department of Psychology, University of Peshawar, 20 & 21 Dec, 2018;
- Participated in workshop on Anti-plagiarism by Quality Enhancement Cell, 11<sup>th</sup> April 2018;

- Attended workshop on “Conflict Resolution, Mediation Skills and Peace Building” held from February 23rd-27th, 2018, organized by Institute of Peace and Conflict Studies (IPCS), University of Peshawar;
- Attended workshop on “*Introduction to CBT with Psychosis*” at KMU, Peshawar. (2<sup>nd</sup> Feb. 2018)
- Attended 15<sup>th</sup> International Conference of Psychology on “*Psychological Impact Of Regional Geo-Strategic Situation On Pakistani Youth And Children*” organized by Department of Psychology, University of Peshawar at Summer Campus, BaraGali (August 2016)
- Participated in workshop on “*NLP & Hypnotherapy*” (August 2016)
- Participation in International Conference of Cognitive Psychotherapists in Peshawar Medical College; Dec, 2014.
- Attended one week Cascading Workshop on Teaching Effectiveness, at Main Campus, University of Swat.

### **Volunteer Experience**

- 5 months experience as Internee (clinical psychology) at Khyber Teaching Hospital, Peshawar
- Organized various activities in collaboration with National Youth Assembly and FATA Youth Forum.
- Literary Secretary of Khyber Psychological Society Oct 2010 to June 2013
- Executive member of Social Welfare and Awareness Society, University of Peshawar
- 3 months experience as teacher and tutor at High School level.

### **Areas of Interest:**

Youth Motivation  
 Conducting surveys and research  
 Counseling and Psychotherapy  
 Working for human rights

### **Extra Curricular Activities**

- Participation in different academic activities, including Essay, Quiz and Debate competitions.
- Being an active Member of Khyber Psychological Society as Literary Secretary
- Executive member of Social Welfare and Awareness Society, University of Peshawar
- Taking active part in social welfare projects on volunteer basis.

### **Languages:**

- Pashto (Native Speaker)
- Urdu
- English
- Arabic and Persian: Can understand, read & write

### **References:**

**Prof. Dr. Muhammad Jahanzeb Khan**  
 Ex-Vice Chancellor, University of Swat  
 Department of Psychology  
 University of Peshawar  
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**Dr. Erum Irshad**  
 Professor  
 Department of Psychology  
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